

ABOUT BALJIT RAYAT



As a little girl in Toronto, Baljit Rayat had many outer body experiences and communicated with spiritual guides. These “imaginary friends” were ascended masters and teachers, empowering her to connect with her creative skills: dancing, drawing, singing, and sewing.

At the age of 11, her outer body experiences and communications with her guides frightened her, as she did not understand what was happening to her. This was not a normal thing to discuss to family or friends, so Rayat chose to repress her intuitive and artistic gifts, and accept her fear of the unknown.

Proceeding into the academics, architecture was the career she chose, which allowed her to express her artistic talents, but yet be safe and accepted by society. For three years, she worked many hours and lived the high-stress unbalanced lifestyle, which then lead to anxiety and depression. At 26, she felt the deep urge to find her truth.

In 2005, Rayat explored the ideas of energy healing and homeopathy on the Internet. She discovered Jennifer Longmore, creator of the Soul Journeys® method. This opened a portal for her as she deeply explored energy healing through Reiki and Akashic Records, and recovered her Intuitive gifts and talents. Within a year, she became a Reiki Master and an Akashic Record Consultant, and with a big leap of faith, moved across the country to Vancouver to create her own company, **Lotus Destiny™**.

Rayat discovered the art of **Sacred Geometry** when she started drawing the geometric patterns on a computer. She created the **Lotus Destiny™ Star Activation System**, using the designs as healing tools for her clients. In 2008, Rayat ventured into clothing design, launching an eco-friendly fashion show, *Shakti*, in collaboration with Nektar Designs. Sacred geometry was screen printed on each piece of clothing, which releases energy to the person wearing each piece.

At her healing circles and monthly tele-seminars, Rayat channels Star Activations by calling in and transmitting energy, which helps to bring people to their own essence and power. On February 23rd, 2011, along with Soundscape Producer Derrick Bauman of Ascended Thoughts, Rayat presented “**Awakening to the Universe Within**,” a symphony of light and sound, where Star Activations were projected under the dome of the H.R. MacMillan Space Centre in Vancouver.

On March 28th, Rayat launched “**Awaken Your Goddess Within**,” an 8-week Tele-Course Program designed for women. Her 6 and 12-month Soul Purpose Programs are also available for women and creative people. Star Activation canvases will soon be available, and Rayat hopes to continue creating crystal jewellery and fashion. In April, she was nominated for a **Woman of Worth Award** in the category of Health and Wellness.

Rayat is an International multi-dimensional healer, Soul Purpose expert, Akashic Record Consultant, artist, DJ, and the only teacher of the Soul Journeys® Method in Western Canada. For more information on Baljit Rayat and Lotus Destiny™, visit www.LotusDestiny.com.